

FEBRUARY 2019

| Sun | Mon | Tue | Wed | Thu | Fri | Sat |
|-----|--|--|---|---|-----|-----|
| | | | | | 1 | 2 |
| 3 | 4 Cereal, toast, fruit/sauce, juice and milk. | 5 Yogurt cup or cereal, toast, fruit/sauce, juice and milk. | 6 Parfait or cereal, toast, fruit/sauce, juice and milk. | 7 French toast or cereal, sausage links, sauce/fruit, juice and milk. | 8 | 9 |
| 10 | 11 Cereal, toast, fruit/sauce, juice and milk. | 12 Yogurt cup or cereal, toast, fruit/sauce, juice and milk. | 13 Parfait or cereal, toast, fruit/sauce, juice and milk. | 14 Long john or cereal, sausage links, sauce/fruit, juice and milk. | 15 | 16 |
| 17 | 18 Cereal, toast, fruit/sauce, juice and milk. | 19 Yogurt cup or cereal, toast, fruit/sauce, juice and milk. | 20 Parfait or cereal, toast, fruit/sauce, juice and milk. | 21 Donut or cereal, string cheese, fruit/sauce, juice and milk. | 22 | 23 |
| 24 | 25 Cereal, toast, fruit/sauce, juice and milk. | 26 Yogurt cup or cereal, toast, fruit/sauce, juice and milk. | 27 Parfait or cereal, toast, fruit/sauce, juice and milk. | 28 Scrambled eggs or cereal, toast, fruit/sauce, juice and milk. | | |



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Empowering all students to achieve!